



FAQ's

Who is this workshop for?

This workshop is ideal for people working in adult services across North Lanarkshire, including community learning and development, health improvement, locality services, recovery services, and social work. It's also open to artists interested in participatory practice and students studying in these fields.

Do I need to be 'good at art' to take part?

Not at all. This workshop focuses on creative facilitation, not artistic skill. If you're curious about using art to support people and open up conversations, you're in the right place.

What will I take away from the session?

You'll leave with hands-on experience of activities from the *Building Blocks* toolkit, practical ideas for your group work, inspiration to deepen your arts offer, and new approaches to help make the case for creative funding and support.

Is this suitable for people already running arts-based groups?

Yes. The session is designed to support both those new to creative work and those looking to extend or refresh their current practice.

Can I use this resource in structured programmes or care settings?

Yes. The toolkit and this workshop offer adaptable ideas that can supplement structured programmes, recovery pathways, or wellbeing sessions, and work well in a range of group contexts.

What kind of activities will we do?

Expect a mix of creative exercises, reflective discussions, and facilitation techniques drawn from real-world practice. You'll try out ideas in a supportive environment and reflect on how they can apply to your work.

Is there follow-up support or networking?

You'll have the chance to connect with others working in similar roles across North Lanarkshire. We'll also share suggestions for continuing to develop your creative facilitation practice beyond the session.

Got further questions? Email Deborah McArthur, Arts Development and Engagement Manager mcarthurd@northlan.gov.uk