

Grief Session Volunteer, Libraries

Talking can be the best medicine. We offer a place and a space for the community to normalise and process feelings of grief with others over a biscuit and a brew. Help us help others by volunteering in this vital and much needed role.

About the Role

We are looking for volunteers to gently lead informal group grief sessions in a friendly and non-judgemental manner, supporting participants in the groups to ensure they feel included and supported.

Locations, Days & Times

Bellshill Cultural Centre, John Street, Bellshill. Time: Thursdays, 6pm - 7pm.

What's involved?

Activities you could be involved in include:

- Helping to set up and close down
- Meeting and greeting participants, providing a warm welcome
- Encouraging the participants to share their thoughts openly in the group
- Engaging with group participants around their grief as appropriate
- Signposting participants to other services when necessary
- Reassuring the group that certain thoughts and actions are normal
- Ensuring basic paperwork is completed/collected for each session
- Promoting Libraries wider services where appropriate

What will you get out of it?

- Make a difference to your local community
- Be part of a friendly team of people, make new friends and feel connected
- Induction, initial and ongoing training to support your development
- Reduced membership to ActiveNL Leisure facilities at only £15 per month
- Have a rewarding experience
- Receive agreed out of pocket expenses

Training

Inhouse and online learning and development sessions available to support your own experience and people skills.

Support available from the current project team.

Qualities and skills required for the role:

- Willingness to undertake training required
- Open, warm, friendly and enthusiastic manner
- Good communication and interpersonal skills
- Compassion and dedication
- Commitment to the role
- Awareness of own limitations and boundaries
- Excellent timekeeping
- Reliability

This role requires a criminal record check (DBS/PVG/AccessNL) and we will support you in completing this, separate to the recruitment process.

What's the commitment?

We ask that volunteers commit where possible to one session each week. This regular commitment from you will help to provide service users with a consistently great experience.

Application forms can be found online at www.culturenl.co.uk/macmillan.

For more information contact our Volunteer & Services Coordinator who will be happy to discuss your enquiry and the role in more detail.

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