



SCAN FOR DATES | WWW.CULTURENL.CO.UK/FITSTOP

THE FIT LIST

THE FIT LIST IS A GREAT SELECTION OF TITLES FROM OUR FITSTOP COLLECTION.

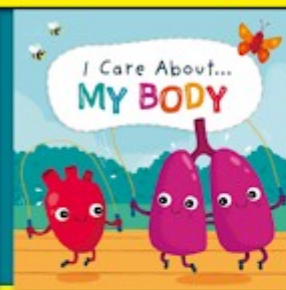
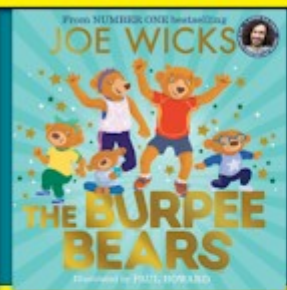
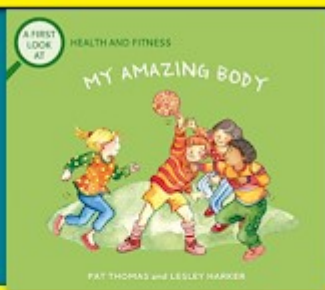
THE TITLES COVER BOOKS, EBOOKS, EAUDIOBOOKS AND EMAGAZINES AND ARE AIMED AT SUPPORTING YOUR JOURNEY TO PHYSICAL HEALTH AND IMPROVING YOUR MENTAL HEALTH TOO.

**JUNIOR
BIOGRAPHIES
FITNESS
FOOD
NUTRITION
LEADERSHIP
MOTIVATION
COACHING
PHYSIOLOGY
PSYCHOLOGY
SPORTS**

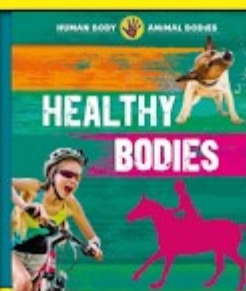
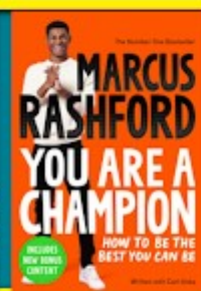
FITSTOP
MOBILE LIBRARY

LIVE HERE

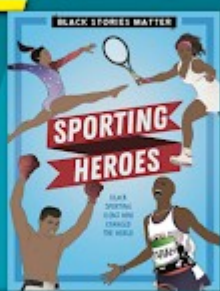
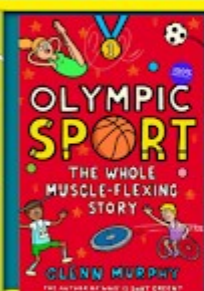
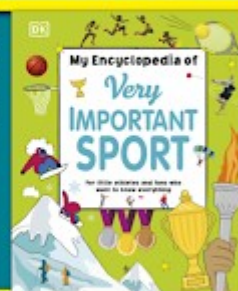
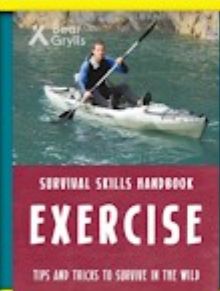
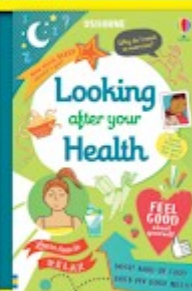
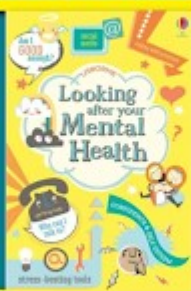
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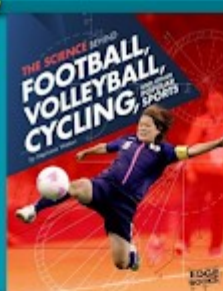
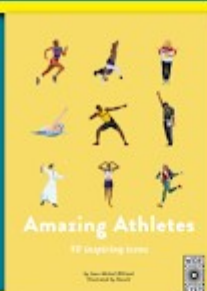
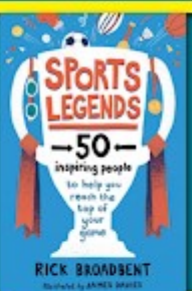
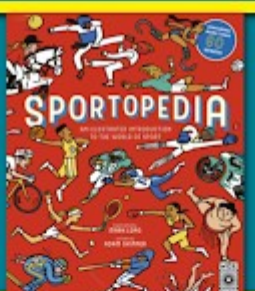
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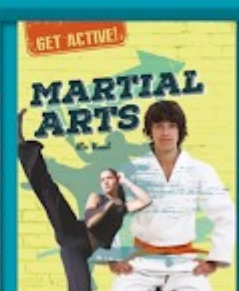
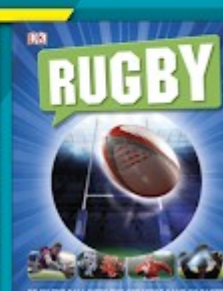
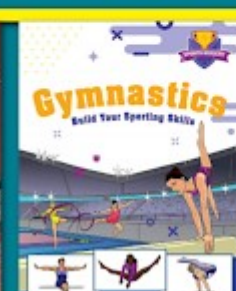
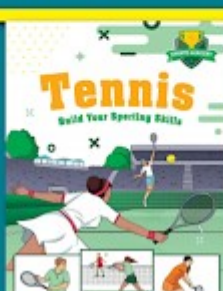
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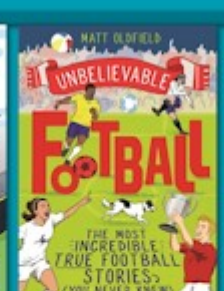
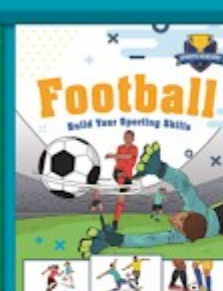
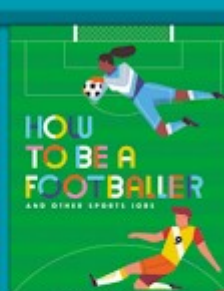
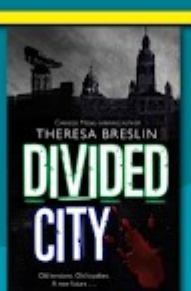
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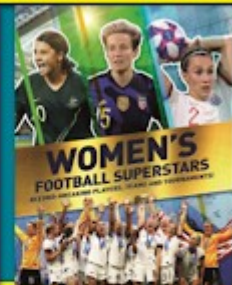
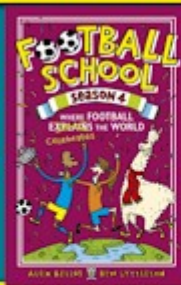
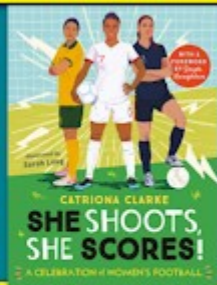


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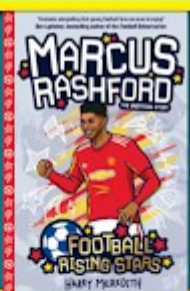


FIT STOP MOBILE LIBRARY

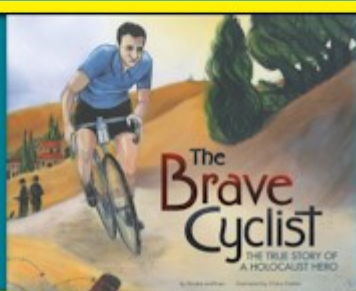
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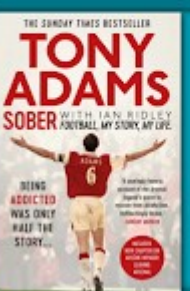
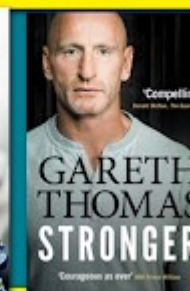
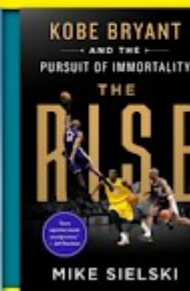
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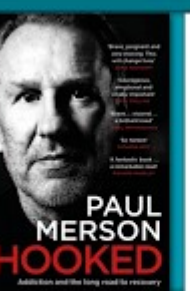
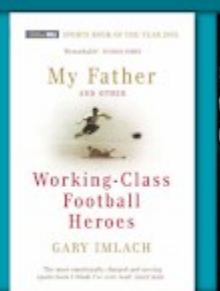
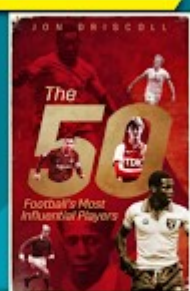
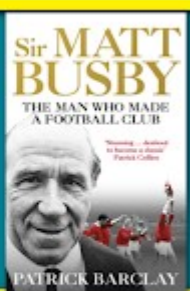
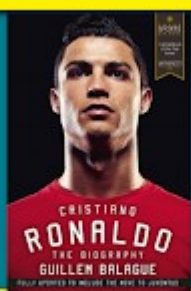
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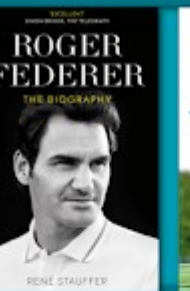
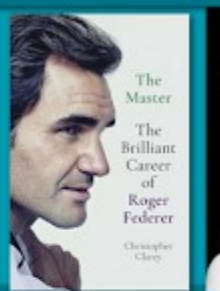
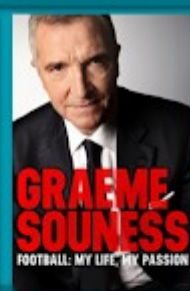
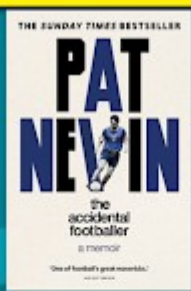
BIOGRAPHIES



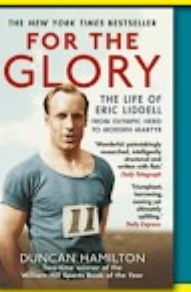
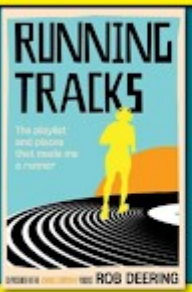
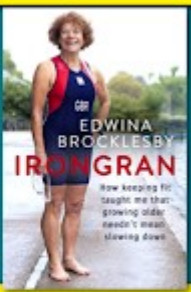
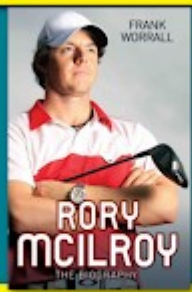
BIOGRAPHIES



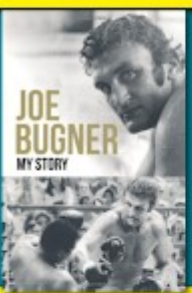
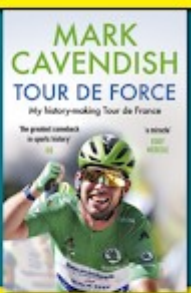
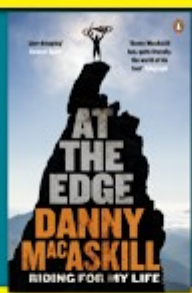
BIOGRAPHIES



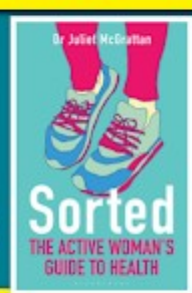
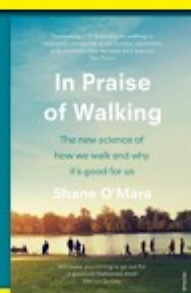
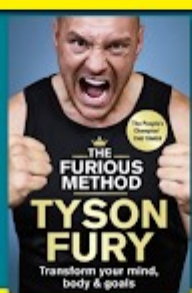
BIOGRAPHIES



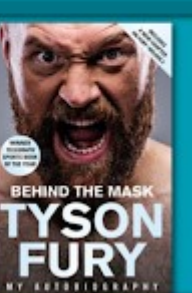
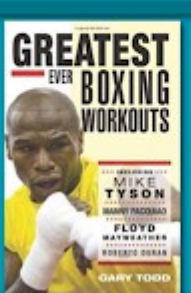
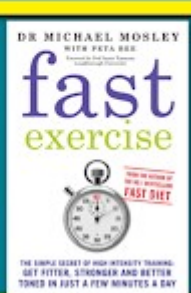
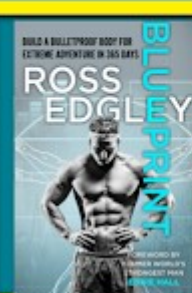
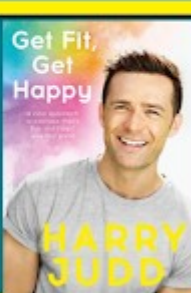
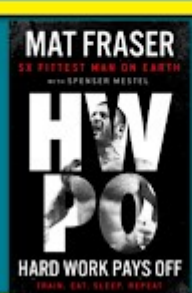
BIOGRAPHIES



FITNESS



FITNESS



FOOD & NUTRITION



FOOD & NUTRITION



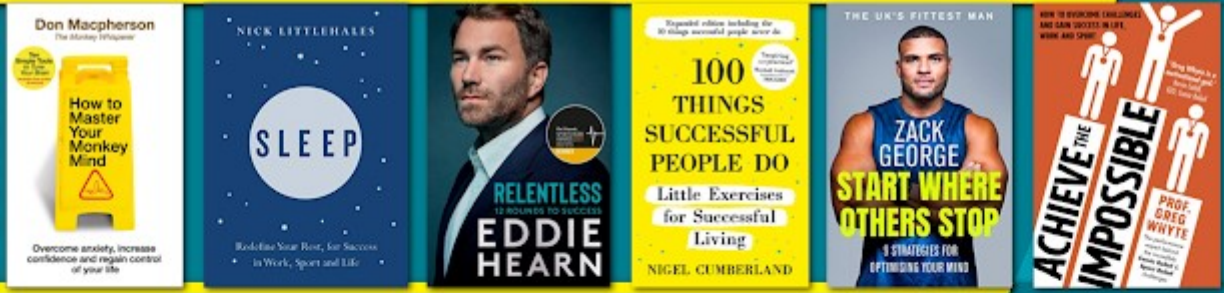
FOOD & NUTRITION



LEADERSHIP



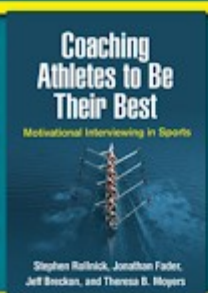
MOTIVATION & COACHING



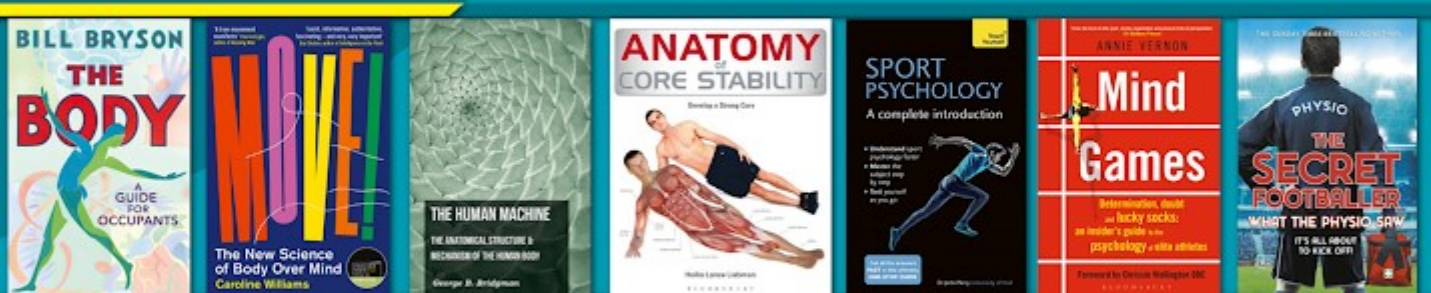
MOTIVATION & COACHING



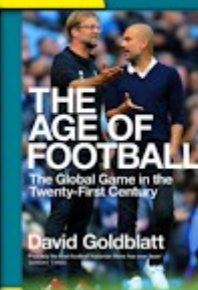
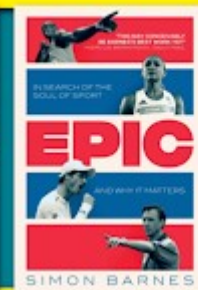
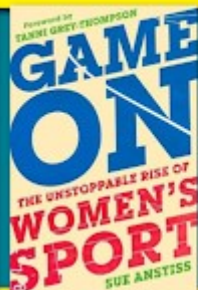
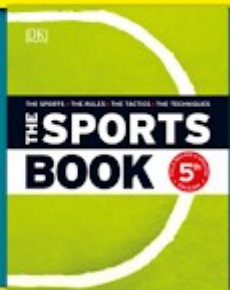
MOTIVATION & COACHING



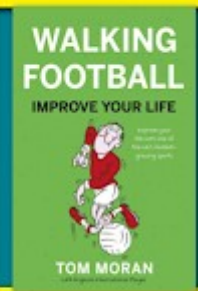
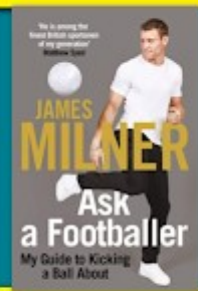
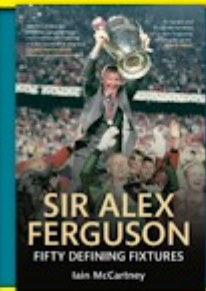
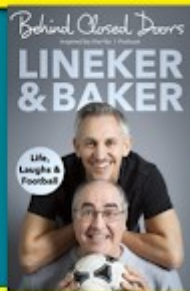
PHYSIOLOGY & PSYCHOLOGY



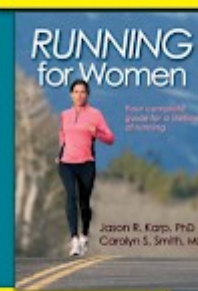
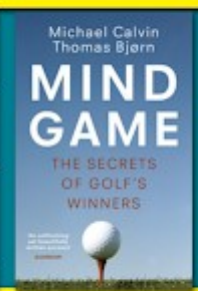
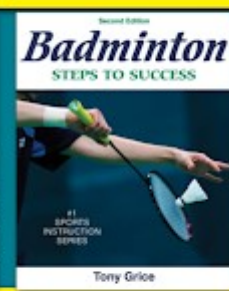
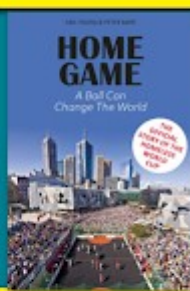
SPORTS



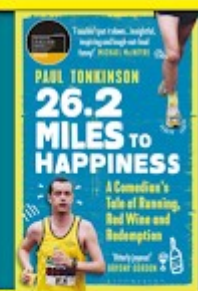
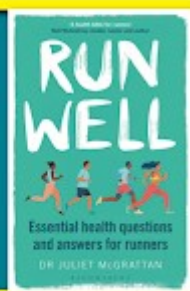
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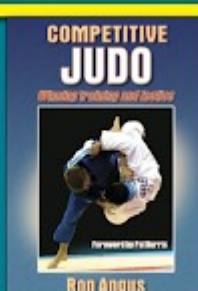
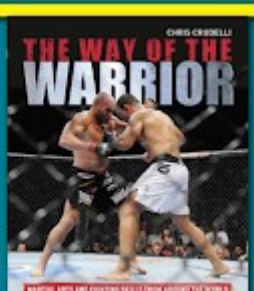
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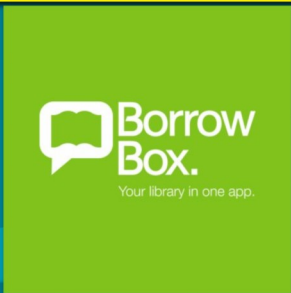
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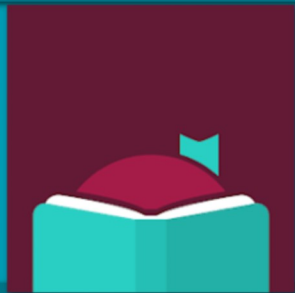


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